FOUNDATION COURSE NAME_____

HOME STUDY GUIDE QUESTIONS
FASTING

1. Explain what you understand Matthew 6:16-18 to mean.

2. How could a person have wrong motives when fasting? Give two examples.

3. Using your concordance, look up the Hebrew word for "fast" as used in Jeremiah 14:12. Write it here _____. Write the definition:

4. Now, look up the Greek word for "fast" as used in Matthew 6:16. Write it here_____. Write the definition.